

# Moor Active

Moor Active is a new initiative with the aim of getting the residents of Cleator Moor up and about and enjoying the benefits that being physically active brings.

Cleator Moor's Physical Activity Coach is leading a programme of fun and informal weekly sessions, including:

## Health Walks

Girls'/Womens' Boxing

Active Kids

Beginners Gym Inductions

55 + Aerobics

Beginners Body Conditioning



**All sessions cost just £1.50 with a beActive card (£3.00 full price); walks are free**

For details please call Lynsey on: 01946 815100  
or email: [lynsey.smith@northcountryleisure.org.uk](mailto:lynsey.smith@northcountryleisure.org.uk)

# Discount Card



- The beActive in Copeland Leisure Card (previously *Ca/Card*) makes it easy for you and your family to access our local sport and leisure activities.
- The card lasts three years and gives you discounts on a range of activities at all of our sport and leisure centres within Copeland. You can book activities seven days in advance, either in person, on the phone or online.
- Leisure card holders also receive discounts at a number of other local attractions and services. For full details see our website.
- Customers with disabilities or receiving benefit can apply for a beActive Leisure Card PLUS. The card is valid for one year and gives bigger discounts on all our activities.
- As North Country Leisure also operates leisure facilities in West and North Northumberland, you can also use your card in these areas to gain further discounts.

**Please ask for an application form at reception**



**Copeland  
Bowls & Sports  
Centre**

Off Wyndham Street, Cleator Moor, Cumbria CA25 5AN

**Tel:** 01946 815100

**Email:** [bowlsandsports@northcountryleisure.org.uk](mailto:bowlsandsports@northcountryleisure.org.uk)

## Opening Times:

Monday to Friday	10.00am - 9.00pm
Saturday	10.00am - 4.00pm
Sunday	10.00pm - 4.00pm

This leaflet is available on audiotape and as a large print version. Please ask for details at reception.

# Copeland Bowls & Sports Centre

## Times and Costs: 2010/2011 Season

**INCIL**  
northcountryleisure  
C O P E L A N D

### Excellent Sports and Leisure for All.

North Country Leisure is supported by Northumberland County Council and Copeland Borough Council. North Country Leisure is a registered charity.

We reserve the right to change the programme in exceptional circumstances.

[www.northcountryleisure.org.uk](http://www.northcountryleisure.org.uk)



**Copeland  
Bowls & Sports  
Centre**

# Welcome to Copeland Bowls and Sports Centre

Copeland Bowls and Sports Centre is open to all ages and abilities. You don't have to be a member to use the centre. Coaching is available if you would like to improve your game or are just starting out. You can play casual, with others in jumbles or join a league and competitions.

There's a friendly, relaxed atmosphere and staff are on hand to give advice.

The centre will be open for bowling from 25th August; come along and have a roll up. You can also try for free on selected dates; please ask for more details. The league starts on 13th September.

Copeland Synthetic Pitch is available all year round and is bookable at reception during Bowls Centre opening hours. The surface allows for most ball sports and is popular with local football, rugby and hockey clubs. Our tennis courts are now up and running, with pay & play and coaching sessions available.



## Café/Bar and Function Room

The newly refurbished function room and café/bar within the Bowls & Sports Centre are open all day, where you can get anything from breakfast to a three course meal. Why not pop in for a hot or cold drink in the new relaxing surroundings; you will be made very welcome.

The function room is also available on request for special events and parties and has tv, pool and darts. Why not try one of our football party packages? Our staff are always on hand to meet your requirements. Members and non-members are always welcome.

# Bowls

GENERAL PROGRAMME		
MONDAY	10.00am 12.00pm 2.00pm 4.00pm 6.30pm	Block Bookings Mens Pairs Open Pairs Casual Mens Triples
TUESDAY	10.00am 12.00pm 2.00pm 4.00pm 6.30pm	Casual Jumble Mens Triples Open Pairs Mens Pairs
WEDNESDAY	10.00am 12.00pm 2.00pm 4.00pm 6.30pm	Open Triples Casual Block Bookings Open Pairs Casual
THURSDAY	10.00am 12.00pm 2.00pm 4.00pm 6.30pm	Mens Triples Ladies Pairs Improvers League Casual Double Triples League
FRIDAY	10.00am 12.00pm 2.00pm 4.00pm 6.30pm	New Starters League Aggregate Jumble Block Bookings Casual Any Combination Pairs
SATURDAY	10.00am to 4.00pm	Friendly matches, special events, casual play and domestic competitions
SUNDAY	10.00pm to 4.00pm	Friendly matches, special events, casual play and domestic competitions

## BOWLS PRICES

Two hour session	Member	Non Member
Adults (18 – 60+ years)	£2.60	£4.10
Junior (Under 17 years)	£1.45	£2.45
Jumble	£2.60	£4.10
Inter Club	£3.20	n/a
Nationals	£5.60	n/a
One hour session	Member	Non Member
Adults (18 – 60+ years)	£1.35	£2.10
Junior (Under 17 years)	£0.80	£1.25

## TENNIS PRICES

	beActive card plus	beActive card	Full Price
Pay & Play (special price)	£1.00	£1.00	£1.00
Coached Session	£2.20	£4.35	£5.40

## NEW! STUDIO CYCLING SESSIONS

Please contact the centre for prices and times

## BOWLS COACHING PRICES

	Member	Non Member
Four sessions	£22.00	£25.00

## FRIENDLIES PRICES

	Member	Non Member
Plus 50p for tea and biscuits	£3.65	£4.85

	Member	Non Member
Locker Hire per season	£3.50	£3.50

## SYNTHETIC PITCH PRICES

Full pitch one hour	£39.30
Half pitch one hour	£21.00
Third pitch one hour	£17.60

## ANNUAL MEMBERSHIP PRICES

Adults (18 – 60+ years)	£36.20
Couples Membership	£65.15
Junior (Under 17 years)	£6.90

## Membership Offers

Join now to receive a 10% discount on membership prices. Valid until 30th September 2010.

- **Single membership:** £32.55  
(normally £36.20)
- **Couple's membership:** £58.65  
(normally £65.15)
- **Children's membership:** £6.00  
(normally £6.90)